

Bayarea Advanced Gastroenterology Care  
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## **SMALL BOWEL CAPSULE ENDOSCOPY** **PREP INSTRUCTION**

### **You will need to purchase the following for your Small Bowel Capsule Endoscopy at any pharmacy/grocery:**

1. One bottle of Miralax 238 grams
2. 64 oz of clear liquid of choice (Nothing Red or Purple)

### **The day prior your procedure:**

On the morning before your procedure, pour half (120 grams) of the MiraLAX powder into an empty container. Pour in 32 ounces of a room temperature clear liquid (e.g., Gatorade, Smart Water). Mix the solution until the powder is dissolved. Place the MiraLAX in the refrigerator. Many people find it tastes better chilled.

**STARTING AT 3pm** Follow a strict clear liquid diet. Do not eat any solid food. Do not drink anything red, purple, or orange the day before your procedure.

**6PM:** Drink 32 oz of MiraLax mix

**Nothing to eat or drink after midnight.**

### **The day of your procedure:**

#### **You are scheduled at the following facility:**

St. Joseph's Hospital - 6901 S. Simmons Loop, Riverview, FL 33578 (813) 302-8000

Advent Carroll wood Hospital- 7171 N Dale Mabry Hwy , Tampa Fl 33614 (813) 558-8038 PLEASE CALL

OFFICE AT LEAST 3 DAYS IN ADVANCED TO AVOID CANCELATION FEE. THANK YOU IN ADVANCE!