Bay Area Advanced Gastroenterology Care

Ramesh N. Ashwath, MD, FACG
Arthi Sanjeevi, MD

Board Certified in Gastroenterology
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Upper Endoscopy and ERCP Bowel Prep

Endoscopies are a state-of-the-art method for visual examination of your esophagus, stomach, and duodenum, using a lighted flexible video endoscope. You will be sedated with medication. A small flexible tube will then be gently passed down to your throat and stomach and will be carefully examined.

Five (5) days prior to your endoscopy: ______

- Stop taking any type of blood thinners like: <u>Coumadin</u>, <u>Warfarin</u>, <u>Plavix</u>, <u>Lovenox</u>, <u>Aggrenox</u>, Vitamin E, fish oil, and iron supplements.
- Stop your PPI therapies (omeprazole, pantoprazole, famotidine
- If you are taking blood thinners, you must obtain permission in advance from your prescribing physician to discontinue.

Note: you are allowed to take aspirin 81 mg (baby aspirin).

Day of procedure: _____

- At 12:00 AM (midnight): stop consuming ALL foods and liquids.
- Morning of procedure: You may take heart medications, blood pressure pills, and thyroid pills with a small sip of water before 6am.
- Do NOT take any water pills, diabetic medication or insulin (take diabetic medications with you to the facility)

MEDICATIONS:

- You may take heart medications, blood pressure pills, and thyroid pills with a small sip of water before 6
 AM
- Do not take any water pills, diabetic medication, or insulin (take diabetic medications with you to the facility)
- STOP PHENTERMINE 14 DAYS PRIOR PROCEDURE
- If you are Ozempic or equivalent weight loss injectable it has to be stopped 2 weeks before the procedure, if you are unable, discuss this with your GI team .
- Marijuana and tobacco products should be stopped two weeks prior to procedure.

TRANSPORT:

Please arrange for transportation to and from the facility. Due to sedation medication, you cannot drive
yourself home. IF medical transportation is provided YOU MUST have someone accompanying you at all
times.

You are scheduled with the following physician:	
[] Dr Ramesh Ashwath	
[] Dr Arthi Sanjeevi	
at the following facility:	
	Brandon Surgery Center - 516 Vonderburg Drive, Brandon, FL 33511 (813) 654-7771
	Please Pre-register at - www.brandonsurgerycenter.com
	St. Joseph's Hospital - 6901 S. Simmons Loop, Riverview, FL 33578 (813) 302-8000
	Carrollwood Adventhealth Hospital -7171 N Dale Mabry Hwy, Tampa Fl 33614
	AventHealth Surgery Center Wellswood -5013 N Armenia Ave, Tampa, FL 33603
*	**** FACILITIES WILL CALL YOU THE DAY REFORE PROCEDURE WITH ARRIVAL TIME ****

THE FACILITY WILL CALL YOU THE BUSINESS DAY PRIOR TO YOUR PROCEDURE FOR YOUR ARRIVAL TIME.